



**JGH MEMORY  
CLINIC**

**Impact Report**

**AUGUST 2023**



Jewish  
General  
Hospital  
Foundation

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**Approximately 1 million  
Canadians will be living  
with dementia by 2030.**

**In Quebec, the number of  
cases will increase by 145%  
between 2020 and 2050.**

**Your donations are  
supporting groundbreaking  
research that will improve  
the lives of so many in our  
community and beyond.**

**Thank you.**

(Statistics from the Alzheimer's Society of Canada)





## **Susan & Aron Lieberman Family Wellness in Aging Geriatrics Centre**

In June 2021, a new, aesthetically uplifting Geriatrics Centre opened its doors at the JGH to serve the growing number of elderly patients in need of aging-related healthcare.

With 10 examination rooms, improved patient privacy and a wide range of healthcare professionals, the Susan & Aron Lieberman Family Wellness in Aging Geriatrics Centre is set up to deliver excellent care in 4 main areas:

**General Geriatric Care, the Mobility Clinic, Senior Oncology and the Memory Clinic.**

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## **OVERVIEW**

### **JGH MEMORY CLINIC**

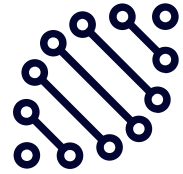
The JGH Memory Clinic, one of the first of its kind in Canada, is at the heart of cutting-edge research in memory-related diseases. As part of the Susan & Aron Lieberman Family Wellness in Aging Geriatrics Centre, the Memory Clinic supports the well-being of Quebec's elderly population and encourages patients to be active participants in their own health.

Since 1991, the Memory Clinic has conducted and contributed to major studies that address the complexities of dementia using patient-centred research. Serving 500 to 700 patients per year, the Clinic has developed sophisticated tools for assessing and identifying cognitive issues and offers the most current approaches for patient evaluation and treatment.

With an outstanding team of clinicians and researchers from around the globe, the Memory Clinic delivers quality patient care while striving to be at the forefront of discovery in the field.

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## IMPACT AT A GLANCE



PERTINENT DIRECTIONS  
IN RESEARCH



HIGHLY DEVELOPED TEAM  
INFRASTRUCTURE



MAJOR CONTRIBUTOR  
IN NATIONWIDE STUDIES



LEADING SITE FOR  
ANNUAL FOLLOW-UPS

**YOUR GENEROUS  
SUPPORT IS A  
MAJOR CONTRIBUTOR  
TO THE WELL-BEING OF  
MEMORY CLINIC  
PATIENTS**

**THANK YOU.**



## IMPACT IN DETAIL

### Past Achievements



Over 30 years of research in memory-related diseases



Birthplace of the COMPASS ND study, a nationwide study with 2000 participants



Key role in the development of the MoCA test, a brief memory test that examines different areas of cognition, and is available in several languages

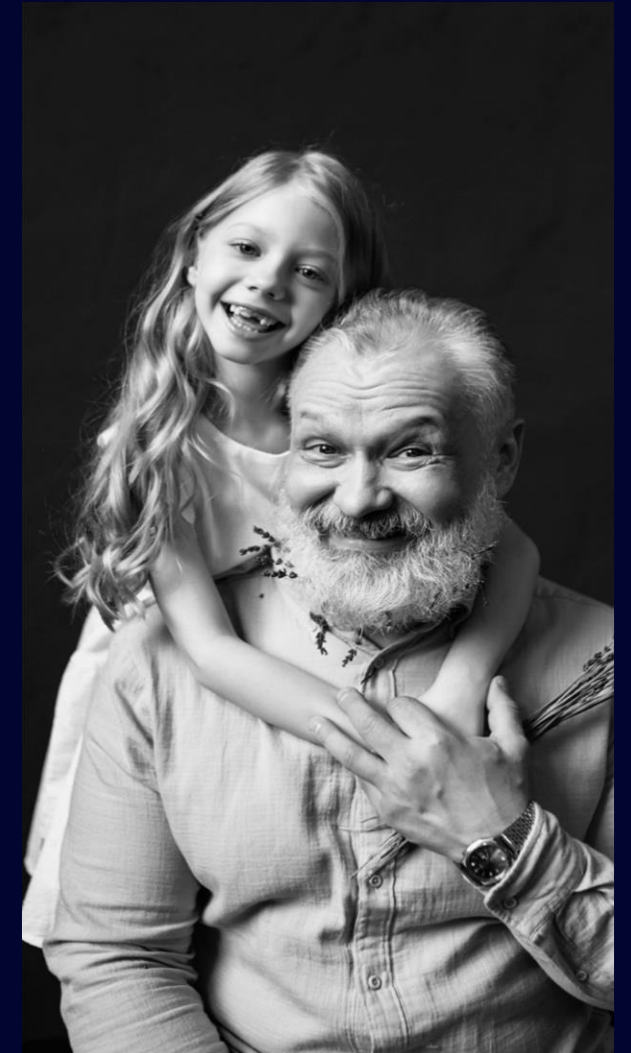
### Recent Success

The Memory Clinic continues to take pertinent directions in research and is currently a main contributor in a nationwide study on the beginning of memory problems. Over 100 patients from the Clinic are participating in the study.

Your donations made it possible for the Clinic's team to pursue their research throughout the pandemic, making it a leading site for annual follow-ups. The high volume of patients at the Memory Clinic makes it a key location for collaborative and JGH-only studies that further the understanding of dementia and other cognitive diseases.

The highly-developed team infrastructure plays an indispensable role in the success of the Memory Clinic. Doctors and scientists are able to focus on their research specialties while the research team carries out day-to-day clinical duties.

The Memory Clinic remains a vital resource for patients and their families. They have opportunities to develop close, supportive relationships with research professionals, and contribute to valuable data as they learn about aging, cognitive impairment and what to expect in the years to come.





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## WHAT'S NEXT

As the Canadian population ages, the prevalence of dementia and other cognitive diseases will continue to rise. Current data no longer supports long-standing theories about Alzheimer's disease and new directions in research must be investigated in greater depth.

The Memory Clinic is committed to delving into unexplored areas of research that may lead to new developments in how memory decline is understood. Exciting shifts are underway as the Clinic tests several new possibilities for treatment.

With high hopes that a breakthrough is around the corner, the Memory Clinic is grateful for your support and everything it's made possible for patients and their families.

**Thank you for supporting the  
Memory Clinic and contributing to  
a better quality of life for those  
affected by dementia.**

